



From the Chairperson

Helen Stewart



Chairman's report

Only 7 more Fridays until Christmas Day. I am sure many of us will be pleased to see the back of 2020 and be looking at a virus free New Year.

We are so very fortunate to live in such a beautiful country with summer approaching. Spring will soon be over, but it already feels like Summer on many days.

It was great to see some of you at the AGM and I look forward to seeing you all at the Christmas Function on 14th December at The Kawerau District Council's Concert Chamber.

New Team Leader Co-ordinator position

Our exciting news is that Karen Stanton joins KADAP on 9th November as Team Leader/Co-ordinator.

Some of you may already know of her from her work in Eastern Bay communities and with Sport BOP.

She brings a wealth of energy, knowledge and skills to the role. She will add extra momentum to KADAP, our community, and build on Gary's foundation work. I am sure you will find her a valuable addition to the wonderful KADAP team who have been managing so brilliantly especially in recent months.

Here is an introduction from Karen

Ko Putauaki te maunga

Ko Tarawera te awa

Ko Tu Wharetoa te Iwi

Ko Bill Warbrick raua Ko Allison Warbrick oku matua

Ko Karen Stanton ahau

I grew up in Edgecumbe, attending the local schools and have since worked in the EBOP area. I was the postmistress at Matata Post Office before moving into sport roles with Edgecumbe

and Trident High Schools. For the past 9 years I have worked for Sport BOP improving capability within the community sport sector and in health roles with Active Families. I have held many voluntary roles mainly in the club space. In my spare time my favourite thing to do is spending time with whanau especially Leo my grandson and friends and staying active in the outdoors. I am looking forward to working with KADAP, meeting members and volunteers and helping out where I can.

News/Updates

Citizens Advice Bureau are exploring the possibility of working face to face in Kawerau on a part time basis.

Reminder that the Maurie Kjar Memorial swimming Complex will reopen Monday 26th October.

Planning for the Xmas luncheon is well underway, and the date set is December 14th. We will contact members shortly to determine the numbers attending, for catering. When contacted could you please remember to advise if you have any transport and/or dietary requirements.

Recent Activities

The October meeting was well attended by 23 members. The Citizens Advice Bureau were guest speakers with the Manager Donna Cowdery and Maz McKeivitt (Chairperson of the Management Committee), providing a very informative oversight about the ways the CAB operates.



The underlying principles of CAB are that "we try to help people to know and understand their rights and obligations and how to use this information to get the best outcomes, provide people with the confidence and support they need to take action, and work for positive social change within

communities and wider society. We provide a free and independent service to all”

Whilst the office is based in Whakatane CAB volunteers service all outlying districts including Kawerau.

Of note was the broad range of services they offer to communities. These can range from day to day activities, clarification re tenancy assistance through to utility disputes to legal queries.

Anybody can contact CAB with any enquiries. The office is located at 21 Boon street and is open Monday – Friday 9.30am—3.30pm. The contact telephone number is 07 308 5609.

WHAT'S HAPPENING

Volunteer Activity

Volunteers are starting to get busier, helping with small maintenance and gardening work, along with ferrying members to various appointments.

We are still able to direct member requests to contractors for tasks that are beyond the scope of our volunteers.

If there is something you would like a volunteer to do, please do not hesitate to ask. If it's something a handyman cannot do, we will help you access a suitable tradesman.

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Planned Activities for November/December

The KADAP November meeting will be held at the Kawerau District Concert Chambers on 9th at 1pm.

The guest speaker is Kyle from Willetts Funeral Services.

Board Chairperson Helen Stewart will also be presenting our newly appointed Co-ordinator.

The KADAP December meeting will be held at the Kawerau District Concert Chamber on December 14. It will be followed by the Xmas



Luncheon.

More information will follow as plans are finalised.

This will be the final meeting of the year.

It is planned to resume meetings in February.

Recipe of the Month

Feta and Spinach Savoury Muffins



Ingredients

4 Eggs
1/2 cup canola oil
1 1/2 cups milk
2/3 cup grated tasty cheese
75g feta roughly chopped into 1/2 cm chunks
4 cups self-raising flour, or 4 tsps. baking powder mixed with 4 cups plain flour
1/2 tsp chicken stock powder
1 cup finely chopped spinach
1/2 tsp each of salt and pepper

Method

Heat the oven to 180 degrees.

Either butter muffin trays, or line them with squares of baking paper*

Whisk together all the wet ingredients until combined.

Sift the flour into the mixture and add the tasty cheese, onion, tomatoes, spinach and salt and pepper (to taste) and fold gently into the wet ingredients.

Spoon mixture into the muffin trays and bake for approx 20-25 minutes until cooked.

*"I like to line my muffin tins with baking paper - there is a lot less mess to clean up and they look really stylish wrapped in the baking paper, especially if you tie some twine around the baking paper cases in a bow once they are out of the oven and cooled." said the wonderful Annabel Langbein.

Out and About This Summer

Now that the whole country is at Covid Level 1, people are travelling about more confidently. We may not want to travel too far away, but there are some interesting things you can do right here in the Bay of Plenty.

A visit to the Kawerau i-site is well worth the time, as they have brochures and information on many things that may interest you and won't break the bank.

What about a picnic at the beach, beside a lake, or in the forest?

Maybe some of the many attractions in Rotorua would interest you. Go with a group of friends, or you might like KADAP to organise something in the New Year.



This is Lake Okataina, right on our doorstep, a lovely quiet spot for a picnic

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KADAP Inc. is located at:

Ground floor

Rooms 6 & 7

KEA Centre,

60 Onslow Street,

KAWERAU 3127

FaceBook page - (Kawerau Ageing Kadap)

Web site: www.kadap.org.nz

Important Phone Numbers

Tarawera Medical Centre: Ph. 323 8499

Kawerau Medical Centre: Ph. 323 6249

St John: Ph. 0800 785 646

Kawerau Police: Ph. 323 1400

Kawerau Fire Service: Ph.323 1077

Fire & Emergency New Zealand:

(FENZ) Ph. 0800 658 628 or

www.checkitsalright.nz

Veterinarians: Ph. 323 1052.

Disability Resource Centre:

Ph.307 1447 – Whakatane

Elder Abuse: Ph. 0800 32 668 65

Neighbourhood Support: Ph. 021 20 21 303

Angie Nicoll

KDC Dog Control Officer: Ph. 306 9009

REMEMBER: If it's an emergency Phone 111, tell the operator which Emergency Service you require; then give your name and street address, including "Kawerau" then await further instructions. If it is **not an emergency**, but you still want the Police, dial **105**

Email: kadapkawerau@gmail.com

Office hours are 9:00am. - 3:00pm. Mon.- Fri

Phones: 07 219 3940 and 07 219 3941

Mobile 027 503 8125

KADAP would like to thank our sponsors:

- * **Kawerau District Council**
- * **Hamertons Lawyers Ltd**
- * **The Lion Foundation**
- * **C.O.G.S**
- * **NZ Lotteries**
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- * **Z Good in the Hood**

