



KADAP Inc.

Kawerau and Districts Ageing in Place

NEWSLETTER September 2025

Welcome members, volunteers, whānau and supporters, to our September newsletter.

I'm so pleased to be printing in colour again this month. We have a new printer in the office! And thankfully I've found a reliable proofreader so this edition should be a good one.

I've tried to bring the key events all together in one place, as you'll see just below. Let me know if it's helpful. There's more information about the events later in the newsletter. I'd also love to hear from anyone who wants to submit a recipe, story, picture, poem or similar to our next newsletter.

Many thanks to the lovely ladies that came along on our little shopping trip to Whakatane on 27 August. We were a small group but we had a great time.

Kind regards,
Karen

MONTHLY MEETINGS

Monday 8 September
starting 1pm at the
Concert Chambers

Our guest speaker is
Andy Galbraith from 1XX.
Please bring something to
share for afternoon tea.
We also have a bring,
swap or take table.

Thursday 25 September
10am until 11.30am
Bert Hamilton Hall
Coffee morning -
everyone welcome

Selling property locally here in **Kawerau!**

- ✓ Free Marketing Package
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DATES FOR YOUR DIARY

Monday 8 September - KADAP Monthly Meeting

Tuesday 9 September - Hearing Specialist for Your Way is
at Eastbay REAP (by appointment)

Saturday 13 September 10am - meet the council
candidates at the Town Hall

Wednesday 17 September - Blind Low Vision group at
Eastbay REAP

Thursday 18 September - Alzheimers Society Carers Hui
at Bert Hamilton Hall

Sunday 21 September - Alzheimers Memory Walk in
Whakatane

Thursday 25 September - KADAP coffee morning

Keep on Your Feet - exercise class - Every Friday at 11am
at Bert Hamilton Hall

NEWS FROM THE OFFICE

Hi, I am new to the group and help out in the office. I am from Edgecumbe and hope to move to Kawerau in the future.

I enjoy meeting people so over time I will get to see you at meetings.

Please bear with me as I learn the job.

Spring is on its way so we can start to look forward to soaking up the warmer days.

If you need anything please phone us ladies, we are always happy to help.

Also subs are due so please call the office if you're not sure whether you have paid. Karen can visit if you need your subs collected.

Kind regards
Michele Burns

Seniors Newsletter

AUGUST 2025



Office for Seniors
Te Tari Kaumātua

Do you receive the Office for Seniors newsletter? If you have an email address it's worth signing up for it, as it's full of useful information.

For more information go to

www.officeforseniors.govt.nz/seniors-newsletter

One of the articles in the most recent Newsletter from the Office for Seniors was regarding telecommunications and the work of the Commerce Commission. They are now ranking customer service on their website comcom.govt.nz. This means you can see who is providing the best overall customer service for mobile and broadband. They'll be building on this by getting providers to say how long it takes them to answer to their phones. It will be really helpful for consumers to know who answers the phone and fixes issues fastest.

Senior Kiwis tend to stick with the same provider for longer. This means you're more at risk of paying a "loyalty penalty" because you stay on the same plan for too long - when you could be on something cheaper or better (even with the same provider). This risk is higher with mobile phones, so the Commerce Commission have been increasing the pressure on providers to let you know when you could switch to something better.

If you want to check that you're on the right broadband or mobile plan, that suits your needs and budget, and want help to navigate the information online, please get in touch with the office.



Eastern
Bay of Plenty

Kawerau Carers Hui

Thursday 18 September

Meet at Bert Hamilton Hall,
4 Porritt Drive
10.30am until 12 o'clock

Memory Walk

Sunday 21 September

Meet at Whakatane Library at 10am
for a fun walk along the Warren Cole
Walkway in loving memory of those
who have passed and in support of
all other affected by dementia

GLENDA'S SCALLOPED POTATOES



2 medium potatoes
Half an onion
2 rashers of bacon
Packet dried cream of chicken soup
Small bottle of cream
250ml milk (optional)

Slice potatoes thinly, add sliced bacon and onion. Place in oven proof dish.

In a bowl mix packet of soup, cream and milk. Combine together and pour over the top of potatoes.

Cover with tin foil or dish lid.

Bake at 160 degrees for an hour.

DO YOU KNOW?

Do you know what these familiar acronyms stand for?

1. SCUBA
2. ASAP
3. DOA
4. NASA
5. LOL
6. EFTPOS



WHAT'S HAPPENING WITH WINDOWS 10?

some useful information from Teri Ann at Flatline Computers

If you have a computer that uses Windows 10, it's important to know that Microsoft (the company that makes Windows) will stop supporting it on October 14, 2025. This means they will no longer send out updates to fix problems or protect your computer from viruses and hackers. Your computer won't stop working right away, but it will become less safe to use over time, eventually you won't be able to visit your favourite websites, check your emails or do internet banking.

Why Is Windows 11 Important?

Windows 11 is the newer version of the Windows system. It has better security, runs more smoothly, and is designed to be safer and more up to date. Microsoft will continue to support Windows 11 for many more years. Moving to Windows 11 helps keep your computer secure and working well, especially for things like online banking, email, and browsing the internet.

What Are Your Options?

- Check if your computer can run Windows 11: Some Windows 10 computers can be upgraded for free. You or a family member can check this in your settings or ask a computer technician.
- Buy a new computer: If your current computer is too old to run Windows 11, you may need to buy a new one. Many newer models are faster, lighter, and easier to use.
- Get help with the upgrade: If you're not comfortable doing it yourself, you can ask a trusted friend, family member, or a local computer shop to help you upgrade or transfer your files.

Are you registered to vote? If not, it's not too late to take part in the upcoming local elections.

You can register for a special vote. If you need some help with this pop into Eastbay REAP at the KEA building.

Need a Justice of the Peace?

You'll find one at Eastbay REAP every Monday from 9.30am until 12pm

Is your PC ready for Windows 11?

Not sure? We've got you covered!

At Flatline Computers, we can check if your computer can upgrade, get you upgraded to Windows 11, or even clone your old device to a shiny new Windows 11 PC or a Business Grade Ex-lease if yours won't take it — keeping your files and settings just how you like them!



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COMPLETE I.T. SOLUTIONS FOR HOME AND BUSINESS

Your Windows 11 upgrade experts!

**Visit us today at 42A Valley Road,
Whakatane or call 07 308 8989**

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Saturday 20 September
**Konnect Training &
Event Centre**

SEPTEMBER CLASS:
WEAVING A SMALL FABRIC TOTE BAG
\$40 PER PERSON

Adults: 1:00-3:00pm

Kids: (8-11 years) 3:00-5:00pm



**Karla's Textile
Design Lab**

For more info contact Karla:

✉ - Ladybugkb22@gmail.com

fb - @KarlasDesignLab Txt/Ph - 027 421 9060

Meet the Candidate Events

Want to find out more about who is standing for Te Kaunihera ā rohe o Kawerau - Kawerau District Council?

Why not head along to one of these events....

2 September at 6.15pm (doors open 6pm) at Firmin Lodge - Hosted by Rotary

12 September at 1.30pm in the Concert Chamber - hosted by Grey Power

13 September from 10am in the Town Hall - hosted by It's in the Ballot

17 September at 11.10am - Mayoral Debate on 1XX

FREEZER FOR SALE

175 litre upright Haier Freezer for sale

Great condition \$250

Call Anne on 323 7414 for more information



KEEP ON YOUR FEET KAWERAU

Community strength and balance class with both seated and standing exercises
Every Friday from 11am until 12pm at Bert Hamilton Hall. Gold coin donation



Sport Bay of Plenty
more people, more active, more often

BLIND LOW VISION MEETING

Wednesday 17th September at 10.30am
Eastbay REAP, KEA building
Gold coin donation



Blind Low Vision NZ

HEARING THERAPIST

For independent information and support
9 September, 14 October, 11 November
at Eastbay REAP, KEA building
Call 0800 008 011 to make an appointment



Your Way | Kia Roha



Thanks to everyone who went to Kawerau Pharmacy for a hepatitis C test. We raised \$80 and Raewyn Luckens was the winner of the \$50 New World Voucher. Congratulations Raewyn!

KADAP Office hours: 9am to 3pm Mon to Fri

Email: office@kadap.org.nz or coordinator@kadap.org.nz

Phone: 07 219 3940 (Office) or Mobile: 027 503 8125 (Karen)

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