



KADAP Inc.

Kawerau and Districts Ageing in Place

Newsletter

JULY 2026

KADAP Office hours:

9am to 3pm Mon to Fri

(closed on public holidays)

Email: office@kadap.org.nz or

coordinator@kadap.org.nz

Phone: 07 219 3940 (Office) or

Mobile: 027 503 8125 (Coordinator)

Hi everyone and welcome to the July newsletter

I hope you're all looking forward to Soup and Song this month. No need to register to come along, just bring your cup and spoon. Doors open at 12.15pm. One of our members wants to show off some funny shirts so if you've got one please wear it and we'll have a prize for the best one. We'll do a Best Hat prize too.

Matariki falls on 10 July. I've been learning more about Matariki and it's principles which are to remember those who have passed during the year, to gather to celebrate the present, and to plan for the year ahead. If you don't know much about it the website matariki.com is a great place to start. I hope you all enjoy your Matariki celebrations.

As you will probably know, our new membership year started on 1 July so if you've not paid your subs please make arrangements to do this as soon as you can. You're welcome to pay at Soup and Song but the correct money would be appreciated. If you're struggling to find the \$40 this year please get in touch with me to talk about your options for payment. I like to think of our membership as being similar to an insurance policy. You never know when you might need us so it's good to keep your membership up to date.

I hope you enjoy the newsletter. I often ask for feedback but don't usually hear much, so please let me know what you want to see here. Warmest regards,

Karen

Payment of Subs

Our new membership year starts on 1 July.

Subs of \$40 per household are now due.

Payments can be made in the office with cash or by online banking to:

02-0348-0029509-000

Kawerau And Districts Ageing in Place Inc.

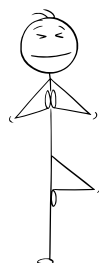
If you aren't able to pay your subs online and can't get to the office please call us on 072193940. We can arrange for someone to collect the cash and bring you a receipt.

Balance Class

Everyone is welcome.

Bert Hamilton Hall every Friday at 11am. \$5 per session.

For more information contact Marion on 027 541 5547.



Next Meeting

Monday 13 July starting at 12.30pm



Soup and Song

At the Concert Chambers

Please bring a cup and spoon for your soup. We will have veggie and gluten free options. You're also welcome to bring a container in case we have left overs to take home.

★ We'll have prizes for Best Hat and Funniest Shirt so we'd love you to take part!

★ Please call the office if you need transport to Soup and Song.



Coffee Morning & Movie Outing

We've cancelled the coffee mornings for now as they're not well attended. No movie outing this month as there wasn't a suitable film for us.

News From the Office

Hello/Kia Ora, wonderful Members, and Volunteers.

Whilst I ...Susie Fieldhouse... was involved very slightly with KADAP through the Newbies Group in 2014. I have just returned from 10 years living in Switzerland...I am certainly used to this cooler weather....Being able to volunteer, it has been exciting to see how KADAP is contributing to our beautiful little town, personally it has made the transition back to NZ a lot easier, and of course I can communicate in my mother tongue, which is English.

It is a privilege to volunteer my time and be able to make a small difference to the community of Kawerau. Thank you KADAP team for your welcome, and I look forward to meeting KADAP members...on a Thursday.... in my role in the administrative team.

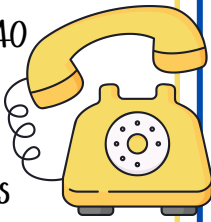
Susie

KADAP office 07 2193940

Open Monday to Friday

from 9am to 3pm

Closed on Public Holidays



Did you hear about the guy who
got fired from the calendar
factory? He took a day off.



Rates rebate 2026/27

The maximum rebate has increased from \$805 to \$830 and income thresholds are also increasing. SuperGold cardholders receiving only New Zealand super, and paying more than \$2,000 a year in rates, should qualify for the full rebate.

If you'd like some help with completing your rates rebate forms please get in touch with the office and arrange a time to call in. Our office volunteers will be pleased to help.

Keep safe from investment scams

There's recently been an increase in fake investment advice scams circulating on social media platforms, particularly Facebook and Instagram. They can take a few forms but will often include scammers inviting you to join closed groups on platforms like WhatsApp, promising "exclusive" investment advice, "hot tips" and high returns. They may even impersonate well-known finance experts. Once you've joined the group, they could ask you to send them money for their advice or to encourage you to buy an investment, click on a link which can trigger a virus download, or take you to a fake website designed to steal your credit card details.

There are also incidents of scammers trying to set investors up for a 'pump and dump scam', where they encourage people to purchase lower-priced shares in a specific stock to try to artificially inflate the share price. Scammers then sell their shares at a profit, lowering the share price and leaving investors with losses. In preparing possible victims to fall for the scam the offenders will often recommend 'pre-cursor' well-established shares to gain your confidence before they recommend the pump and dump targeted shares.

Keep yourself safe:

- Be extremely cautious of ads for financial services on social media as they may be an imposter/scammer.
- Do not engage with any unsolicited messages regarding financial advice or trade recommendations.
- Before you act on any trade recommendations, check that the person providing the advice is a licensed financial adviser registered at <https://fsp-register.companiesoffice.govt.nz/>
- Be sceptical about urgent or time-sensitive trade recommendations - as we've discovered with other types of scams, they often rely on a sense of urgency or even panic.

Operatunity

We will be going via minibus on Tuesday 1 September to see **Stars of Stage and Screen**, which brings to life the golden era of musicals and classic films. It's \$50 per person, for ticket and transport, which must be paid by 24 July and is non-refundable once tickets are booked. There are two places left so please call Karen as soon as possible if you'd like to attend.

We also hope to attend **Let's Twist Again** stepping back into the swingin' sixties - Tuesday 6 October so let Karen know if you're interested in this one.

Te Whare Haumanu nurse-led clinic

8 Ranfurly Court, Kawerau 07 323 8047

Te Whare Haumanu is a nurse-led clinic that delivers a wide range of primary health care services and kaupapa Māori health care interventions. Their experienced Nurse Prescribers and Nurse Practitioner Intern focus on assessment, treatment, prevention, and wellbeing for all ages and a range of health concerns. They run drop in clinics that are ideal if you have one brief health concern, but you'll need to register with them.

Outings for ladies

waka
eastern bay community transport

Waka Eastern Bay have some funding available to offer outings to ladies in the Eastern Bay of Plenty. We've been invited to take part in these, so please get in touch with Karen if you'd like to take part and if you have any ideas of where you'd like to go.

Watch out for cold callers

Once again this year we've heard cases of people being convinced to have trees and bushes pruned, then being vastly overcharged.

If you need some help with pruning please contact the office. We have willing volunteers who are very happy to help.

Under the The Fair Trading Act there are strict rules about cold calling. If you want more information or need a 'Salespersons Do Not Knock' sticker for your front door please give the office a call on 07 219 3940.

Do you know? Inventors

1. The electric battery
2. The zip fastener
3. The smallpox vaccine
4. Nylon
5. The windscreen wiper
6. Dynamite

Extra points if you know what year they were invented!



When you think about it, it's the worst possible place for her to sell sea shells



Volunteer Awards & National Volunteer Week

We had a lovely lunch on 17 June to celebrate National Volunteer Week. Thanks to Kevin and Matt for helping with all the arrangements so that our other volunteers could have a day off.

It was a pleasure to announce the winners of our National Volunteer Week Awards and celebrate the people who make our organisation what it is.

Toolbox Award: Ray Barton

Can fix anything, known for their resourcefulness

White Knight Award: Dave Mitchell

Saves the day, coming to the rescue of those in need

Bubbles Award: Glenda Woodroffe

Bubbly, happy and enthusiastic

Jester Award: Chuck Hamilton

The one who keeps everyone laughing

Backstage Award: Maria Robbie

The one who works tirelessly behind the scenes



Do you need some soil for your garden?

One of our members is removing some raised beds and has around 2.8 cubic metres of soil available. Our volunteers are ready to load and deliver it so please call the office if you'd like it



Warmer Kiwi Homes grants

A warmer, drier home can make a real difference to your health, comfort, and power bills.

The Warmer Kiwi Homes programme helps make your home easier to heat and cheaper to run, and you may qualify for the grant if you live in your own home and have a Community Services card.

A grant can help pay for:

- 50-90% of the cost of ceiling and underfloor insulation
- Up to 90% of the cost of an efficient heat pump

For more information you can call 0800 749 782, check out the EECA website or call in to the office and we'll help you find the info that you need.



Don't get a phone virus!



We've seen a few phones with viruses lately. They often happen when you play an online game that includes adverts. As usual, they are designed to make you panic and react without thinking. For example there is one circulating that says your Google maps will expire if you don't act immediately.

Our best advice is that you don't react to anything that causes alarm, whether it's an advert in a game or a text/email message. We're always happy to help if you want someone to check out whether something you've received is legitimate.



Paper Bags

We use lots of paper bags to share out produce so if you've got any small ones, like those that hold a prescription please drop them into the office or let us know when we can pick them up.

Speaking of produce, if you have too much fruit and want to share it, we can get some volunteers to do some picking!

Missing dog. If anyone caesar, lettuce know



Walking Sticks

Those of you who attended our June monthly meeting would have seen the beautiful walking sticks created by local artist Neil. If you're thinking about buying one we have photos and a price list in the office. Or you can contact Neil on 0277399128.



Do you know? Answers

1. Alessandro Volta in 1799
2. Whitcomb L. Judson in 1893 and perfected by Gideon Sundback in 1913
3. Edward Jenner in 1796
4. Wallace Carothers in 1935 for DuPont
5. Mary Anderson in 1903
6. Alfred Nobel in 1867

Sponsors & Supporters

